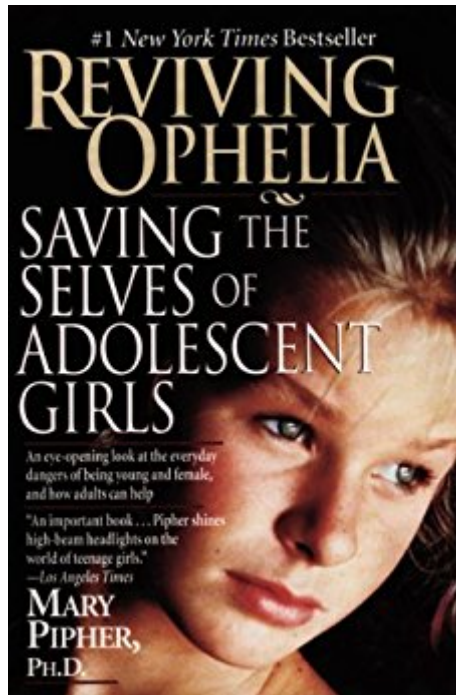




The book was found

Reviving Ophelia



Synopsis

#1 New York Times Bestseller
The groundbreaking work that poses one of the most provocative questions of a generation: what is happening to the selves of adolescent girls? As a therapist, Mary Pipher was becoming frustrated with the growing problems among adolescent girls. Why were so many of them turning to therapy in the first place? Why had these lovely and promising human beings fallen prey to depression, eating disorders, suicide attempts, and crushingly low self-esteem? The answer hit a nerve with Pipher, with parents, and with the girls themselves. Crashing and burning in a “developmental Bermuda Triangle,” they were coming of age in a media-saturated culture preoccupied with unrealistic ideals of beauty and images of dehumanized sex, a culture rife with addictions and sexually transmitted diseases. They were losing their resiliency and optimism in a “girl-poisoning” culture that propagated values at odds with those necessary to survive. Told in the brave, fearless, and honest voices of the girls themselves who are emerging from the chaos of adolescence, *Reviving Ophelia* is a call to arms, offering important tactics, empathy, and strength, and urging a change where young hearts can flourish again, and rediscover and reengage their sense of self.

Book Information

File Size: 3814 KB

Print Length: 308 pages

Publisher: Riverhead Books; 1 edition (August 1, 2005)

Publication Date: August 1, 2005

Language: English

ASIN: B002CIY8YC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #87,758 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #27

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Child Development & Psychology > Psychology #39 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Adolescent Psychology #50 in Kindle Store >

Customer Reviews

I rarely do not put a book down without finishing it, but I can't read anymore of this book. I bought it because it was recommended, along with "Raising Cain" (on boys) for a parents' program at a nearby school. Since I have grandchildren who will soon be going into adolescence, I thought I should read both books. I must also add that I taught for 46 years, mostly at the community college level but at times in social service settings, and I am now a volunteer at a city elementary school. My mother had a wonderful adolescence in the 1920s, mostly because her life was filled with satisfying activities provided by her parents and high school, Isn't it obvious that is what girls need? In contrast, had a horrible adolescence for many reasons. Would that therapists existed then, I would have appreciated the guidance.. I loved teaching because I could steer students into something they felt could help them develop their potential. One reviewer said there is not hope in this book. I think that is what is wrong with it. Where is the analysis of how this culture is sucking the vitality out of girls? All I see are depressing case studies that go nowhere. Didn't the author have an editor? The book is also a bit dated. It came out 23 years ago, and since then there has been much greater awareness of the issues facing adolescence: bullying, the beauty complex, ect. There's much more opportunity for help now. "Raising Cain," however, is very well written and full of hope. Also written by therapists, it is inspirational because readers see the boys opening up as parents and therapists help them solve their problems.

Pipher opens the world of today's adolescent girls to show that what they face is in no way similar to what their mothers experienced twenty years ago. Today, girls think of it as part of growing up to have problems with family, violent relationships, eating disorders, suicidal thoughts, depression, rape, substance abuse, and sexual violence. Pipher makes it very clear that our adolescent girls are slipping through the cracks. They have no where to turn when life gets tough. She gives suggestions on how to prevent our daughters from being exposed to such an awful adolescence. It is inevitable that they will face hardships, but should our daughters think being raped is "just one of those things that happens"? No, according to Pipher, girls should not have to think that. And are eating disorders just a stage all girls will pass through? No, Pipher says, eating disorders are very serious and require medical attention. Does every teenage girl experiment with drugs, alcohol and sex? No, Pipher says, those girls need to get help. Pipher's book is not a "oh, no, what is wrong with this world?" kind of book. *Reviving Ophelia* is a book aimed at **SAVING** our daughters before they fall too

far to be helped

I wish I had had this earlier in my life, but, then, the author is of my generation, so it wasn't to be ... this is a must read for modern mothers (especially) and fathers for the key to understanding the life changes of their daughters. I am a priestess who officiates girls coming of age rites within my spiritual community and I plan to incorporate some of Pipher's ideas in a revised version of my ritual this year. Pipher still has her pulse on the young women of this world, no matter the publication date of this book...the things, I believe, are still relevant to the young women of this current generation. Pipher leads us through the mine-fields of these emerging young women with caring and expertise that also speaks for the young women themselves as well as to the adults involved in their lives. I highly recommend this book and would love to see a revised version published by Pipher to speak to the technology that affects the more recent women too.

This is the second time I am purchasing this book for myself. The first time I purchased *Reviving Ophelia: Saving the Selves of Adolescent Girls* by Mary Pipher, it was because my own daughter was going through a very rough time and I wanted to understand her better and find out if there was something that I could do. I received a great deal of insight and guidance from this book, which goes to great lengths to show the difficulties faced by girls in our society. Between unrealistic magazine ads and unreachable goals and the self-esteem issues of young girls, the author has managed to touch on the sensitive and emotional time this can be for adolescent girls. The reason I am purchasing this book a second time is because I loaned my first copy to a mom who needed it more than I did, and she kept it and relied on it and I'm happy for that. Now, I need this as a text book for a college class and it is required reading. Of course, I love the book and will enjoy revisiting the content. FYI: My two girls have grown up to be women that I am proud of every day. I think this book had something to do with that. Thanks for reading my review. Hope it helps you make a decision on your purchase.

Brilliant and sharply written, while still being delicate -- and all backed up with research and experience as a clinician. This book and the way it tackles gender was ahead of its time and is 100% still relevant and accurate, despite being written in the 90s.

[Download to continue reading...](#)

Reviving Ophelia: Saving the Selves of Adolescent Girls Reviving Ophelia Fair Ophelia: A Life of Harriet Smithson Berlioz Constant Friends: The Victorian Scrapbook of Ophelia B. Clise Ophelia

Speaks: Adolescent Girls Write About Their Search for Self The Ophelia Cut: Dismas Hardy, Book
14 The Past and Future City: How Historic Preservation is Reviving America's Communities
5-Minute Chi Boost - Pressure Points for Reviving Life Energy, Avoiding Pain and Healing Fast (Chi
Powers for Modern Age Book 1) Korea's Economic Miracle: Fading or Reviving? Greek for Life:
Strategies for Learning, Retaining, and Reviving New Testament Greek Reviving Old Scratch:
Demons and the Devil for Doubters and the Disenchanted Reviving the Reformation: A Jewish
Believer Peers Backward to Move Biblical Truth Forward Revival: 6 steps to Reviving Your Heart
and Rebuilding Your Prayer Life Pacific Alliance: Reviving U.S.-Japan Relations Tutankhamun
Ancient Egypt's Past for the Future: The Story of the Facsimile of the Tomb of
Tutankhamun and the Meaning of the Pictures in its Burial Chamber (Living Human Heritage)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)